

Stefanos A. Despotopoulos, MD, PhD

Cardiologist and Granted Fellow in sub-specialty of
Pediatric cardiology & Adults' Congenital Heart Disease Dept.
"Onassis Cardiac Surgery center"

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Date of birth: March 3rd 1986

Marital Status: Married with one child

Education

2000-2003

Graduation from the "Experimental" High School of Patras with a grade of 19.600/20.000

2003-2009

Graduation from Medical school of Patras (7.81/10, achieved the 7th best graduate degree, July 2009)

Foreign Languages

English

Proficiency of Michigan University

Understanding: Excellent

Speaking: Excellent

Writing: Excellent

German

Goethe Grundstufe Zertifikat

Understanding: Good

Speaking: Good

Writing: Good

French

DELFI Diploma A1-4

Understanding: Advanced

Speaking: Advanced

Writing: Good

Swedish

No Diploma

Understanding: Basic

Speaking: Basic

Writing: Basic

Professional Experience

25th May 2019-.....

Cardiologist in charge of "MEDICAL" Health Center and Granted Fellow in sub-specialty of Pediatric cardiology & Adults' Congenital Heart Disease Dept. of "Onassis Cardiac Surgery center"

27th February 2019-25th May 2019

Attending Physician in the Cardiology Dept. of the University Hospital of Patras

December 2018- 27th February 2019

Completion of the 4year Cardiology training program and **Success in the final Specialty Exams** for the Certification in Cardiology

August 2018-December 2018

Training doctor in the **Pediatric Cardiac Surgery and Adults' Congenital Heart Disease Department, of Onassis Cardiac Surgery Center** under supervision of Prof. S. Rammos

January 2015-August 2018

Specialty training doctor in the Department of Cardiology, of the University Hospital of Patras, Greece

August 2014-October 2014

Private Doctor in the "5 star" Grecotel-Olympia Riviera Resort in Killini, Ileia, Greece.

July 2012- August 2014

Specialty training doctor in the department of **Internal Medicine**.

General Hospital of Corfu Island, Greece

May 2012-July 2012

Private Doctor at the 'Ranch' kids summer camp

May 2011-March 2012

Medical Rural Service, Health Center of Delvinaki, General Hospital of Ioannina, Epirus, Greece

March 2011-May 2011

Foundation training doctor in the department of Cardiology (1 month), Internal Medicine (1 month) and General Surgery (1 month). General Hospital of Ioannina, Epirus, Greece

September 2010-February 2011

Research associate.

Department of Cardiology, University of Patras, School of Medicine, Greece

December 2009-August 2010

Mandatory Military Services

Medical services in the **Hellenic Special Forces in Cyprus Island**, as a second lieutenant responsible for providing first aid and continuing medical care in 6 military units.

Teaching Experience

January 2015 - 2019

Held monthly teaching presentations to the medical students of the University of Patras.

Teaching presentation during the 22nd Scientific Congress of Hellenic Medical Students - ACS Workshop

Special Distinctions

May 2008

Prize for obtaining the 1st place in the 4th Pan-Hellenic Respiratory Medicine Congress, as student speaker

2017-2018

Distinction for providing **social medical services** in population living near poverty, as a regular volunteer/participant cardiologist of the nonprofit organization (NPO) "Health for all" medical actions. (<http://www.ygeiagiaolous.org>). Under the auspices of **UNESCO** chair on adolescent health care, the **United Nations** Educational, Scientific and Cultural Organization.

June 2019

Passed with distinction in the exam in the European Exam in General Cardiology 2019.

Scientific Activity

Candidate PhD student since 06/2017

Title: "Effect of heart rate and pacing mode on QRS fragmentation: implications for identification of patients with impaired ejection fraction and ventricular tachycardia", paper published
PhD Supervisor: Prof J. Chiladakis

Journal Publications

1. Tsigkas G, Davlourous P, **Despotopoulos S**, Assimakopoulos SF, Theocharis G, Hahalis G. Inflammatory Bowel Disease. *Angiology*. 2017 Nov;68(10):845-849. doi: 10.1177/0003319717690993.
2. Davlourous P, Xanthopoulou I, Tsigkas G, Mplani V, **Despotopoulos S**, Hahalis G. Complete Healing of Spontaneous Coronary Artery Dissection Demonstrated by Optical Coherence Tomography in a Young Postpartum Female Presenting With Acute Coronary Syndrome. *JACC Cardiovasc Interv*. 2017 May 8;10(9):e89-e90. doi: 10.1016/j.jcin.2017.02.014.
3. **Despotopoulos S**, Akinosoglou K, Tzimas T, Akritidis N, Gogos C. Diagnosis of neurobrucellosis in resource-limited real-world settings: A case-series of 8 patients. *J Neurol Sci*. 2017 Aug 15;379:293-295. doi: 10.1016/j.jns.2017.06.024.
4. Alexopoulos D, **Despotopoulos S**, Xanthopoulou I, Davlourous P. Low-Dose Ticagrelor Versus Clopidogrel in Patients With Prior Myocardial Infarction. *J Am Coll Cardiol*. 2017 Oct 17;70(16):2091-2092. doi: 10.1016/j.jacc.2017.08.031.
5. Tsigkas G, **Despotopoulos S**, Makris A, Koniari I, Armylagos S, Davlourous P, Hahalis G. Transcatheter versus surgical aortic valve replacement in severe, symptomatic aortic stenosis. *J Geriatr Cardiol* 2018; 15: 1-10. doi:10.11909/j.issn.1671-5411.2018.01.002
6. Kounis G. N, Tsigkas G, Koniari I, Tzani G, **Despotopoulos S**, Roumeliotis A, Hahalis G. Deciphering bioresorbable stent thrombosis: investigating the mechanisms. *Kardiol Pol*. 2018;76(1):225-226. doi: 10.5603/KP.2018.0021.
7. Hahalis G, Tsigkas G, Kounis N, Patsilinos S, Kafkas N, Ziakas A, Patsourakos N, Almpanis G, Koniari I, Xanthopoulou I, Koutsogiannis N, **Despotopoulos S**, Leopoulou M, Tassi V, Miliordos I, Anastasopoulou M, Roumeliotis A, Dapergola A, Aznaouridis K, Chatzis D, Davlourous P. Prevention of Radial Artery Occlusions Following Coronary Procedures: Forward and Backward Steps in Improving Radial Artery Patency Rates. *Angiology*. 2018 Oct;69(9):755-762. doi:10.1177/0003319718754466.
8. Zagkli F, **Despotopoulos S**, Spiliotopoulos C, Chiladakis J. Effect of heart rate and pacing mode on QRS fragmentation. *J Arrhythm*. 2018 Apr 17;34(3):267-273. doi: 10.1002/joa3.12060
9. Kounis NG, Koniari I, Soufras GD, Chourdakis E, **Despotopoulos S**, Davlourous P, Hahalis G. The Humble Relation of Kounis Syndrome, MINOCA (Myocardial Infarction With Nonobstructive Coronary Arteries) and MACE (Major Adverse Cardiac Events). *Can J Cardiol*. 2018 Aug;34(8):1089.e7. doi: 10.1016/j.cjca.2018.04.024.
10. **Despotopoulos S**, Roumeliotis A, Kounis NG, Hahalis G, Tsigkas G, Davlourous P. Severe allergic reaction during angioplasty culminating to fatal acute stent thrombosis: An association with Kounis syndrome. *Heart Lung*. 2018 Sep 20. pii: S0147-9563(18)30197-3. doi: 10.1016/j.hrtlng.2018.07.015.
11. Kounis NG, Koniari I, Soufras GD, Chourdakis E, **Despotopoulos S**, Davlourous P, Hahalis G. Respiratory Infections as Predictors of Hospital Admission for Myocardial Infarction and Stroke: Pathophysiologic and Therapeutic Considerations. *Clin Infect Dis*. 2018 Oct 10. doi: 10.1093/cid/ciy685.
12. Hahalis GN, Leopoulou M, Tsigkas G, Xanthopoulou I, Patsilinos S, Patsourakos NG, Ziakas A, Kafkas N, Koutouzis M, Tsiafoutis I, Athanasiadis I, Koniari I, Almpanis G, Anastasopoulou M, **Despotopoulos S**, Kounis N, Dapergola A, Aznaouridis K, Davlourous P. Multicenter Randomized Evaluation of High Versus Standard Heparin Dose on Incident Radial Arterial

- Occlusion After Transradial Coronary Angiography: The SPIRIT OF ARTEMIS Study. JACC Cardiovasc Interv. 2018 Oct 30. pii: S1936-8798(18)31768-0. doi: 10.1016/j.jcin.2018.08.009.
13. Kounis NG, Koniari I, Soufras GD, Tsigkas G, Chourdakis E, **Despotopoulos S**, Davlouros P, Hahalis G. Kounis syndrome: an additional etiologic factor of myocardial infarction with non-obstructive coronary arteries. *Cardiol J*. 2018;25(5):648-649. doi: 10.5603/CJ.2018.0132

Chapters in Books

1. Translation in Greek of 3 chapters of the last edition of Braunwald's Heart Disease: A Textbook of Cardiovascular Medicine, Single Volume 10th Edition.
CH51: ST-Elevation Myocardial Infarction: Pathology, Pathophysiology, and Clinical Features, Benjamin M. Scirica and David A. Morrow.
CH55: Percutaneous Coronary Intervention, Laura Mauri and Deepak L. Bhatt.
CH61: Diabetes and the Cardiovascular System, Darren K. McGuire.]

Clinical Trials

1. Sub-investigator in the multicenter **MARINER trial** (A Study of Rivaroxaban (JNJ-39039039) on the Venous Thromboembolic Risk in Post-Hospital Discharge Patients (MARINER))
2. Sub-investigator in the multicenter **HOT-PE trial** (Home treatment of patients with low-risk pulmonary embolism with the oral factor Xa inhibitor rivaroxaban. Rationale and design of the HoT-PE Trial.)
3. Sub-investigator στην **ALTIC trial** (A Low-Dose Ticagrelor Versus Clopidogrel in Patients with Prior Myocardial Infarction).
4. **ASSET** registry (BECRO-SPCFR-ASSET-1)

Participation in International Conferences/ Courses

National meetings.

- Oral presentation as a medical student in the national student meeting 2005.
- Invited speaker in **7 national** and **3 local** meetings.
- Abstract presentations in more than **10 national** meetings.

International meetings.

1. **Poster 10th Congress of the European Federation of Internal Medicine** 5- 8 October 2011, Athens Hilton Hotel, Greece. "Neurobrucellosis in northwestern Greece: an endemic region" Tzimas T, Mavridou K, Bakola M, **Despotopoulos S**, Mastora M, Akritidis N
2. **Euro-PCR 2017 participation** "Complete healing of spontaneous coronary artery dissection demonstrated by OCT in a young postpartum female presenting with ACS" Davlouros P, **Despotopoulos S**, Tsigkas G, Mplani V, Hahalis G. Patras University Hospital. [Euro17C-OP0198], Coronary Interventions, Invasive imaging functional assessment.
3. **Moderated poster presentation to TCT 2017**, October 29 - November 2, 2017 at the Colorado Convention Center, in Denver, Colorado. "A randomized, pharmacodynamic comparison of low

- dose ticagrelor to clopidogrel in patients with prior myocardial infarction: The ALTIC study”.
Control #: 9226 **Despotopoulos S**, Alexopoulos D, Xanthopoulou I, Davlouros P.
4. **EHRA 2018 participation** “Effect of heart rate and pacing mode on QRS fragmentation: implications for identification of patients with impaired ejection fraction and ventricular tachycardia” **Despotopoulos S**, Zagkli F, Chiladakis J